

## Nursing and Healthcare

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Nursing considers is a defense mechanism of illness, promotion of health, improvement of pain through the nursing diagnosis and encouragement in caring for clients, families and community [1].

Nursing Alumni, students are prepared to meet health demand effectively and efficiently in all specialty settings. Nurse is a teacher, manager, researcher, and advocator. They are also prepared to work in a corporation with others health care team to improve health. The patient care is delivered by nurses in all health care facilities, including the hospital, and primary health care center [2,3].

According to the World Health Organization (WHO), health is “a state of complete physical, mental, and social well-being and not merely the absence of disease” (1958). This mean including community health system, which plays a role in the eradication of the cause of disease, increase survival rate, and promoting health. With regard to the definition of a general view, the Institute of Medicine defined public health as “what we, as a society do, collectively, to assure the conditions in which people can be healthy” (1988) [4].

The quality of lifestyle of people depends on the quality of effective health care. In greatest countries which having higher economic status, the health issue considers a problem [5].

The important daily human issue is health and health care, allocation of services, and needs equally without discrepancy [6].

Globally, health care systems utilized an evidence-based practice (EBP) to provide high quality care. To take decision regarding daily patient care the information must be obtained from different health care personnel [7].

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