

Nursing Performance in Suicidal Behavior

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Suicidal behavior is understood as the combination of suicidal ideation, planning for suicide, suicide attempt and death by suicide [1]. The World Health Organization states that suicide deaths in the world are close to 800,000 [2]. In Brazil, in 2018, 12,733 suicide deaths were registered, which represents about 35 deaths per day and the maintenance of the eighth position among the countries with the highest absolute number of suicides in the world [3]. However, these numbers can be much higher, when considering the under-registration [4].

There is a much higher number of suicide attempts than suicide deaths, with an estimated 20: 1 ratio [5]. In another estimate, the proportion between death by suicide, attempted suicide and suicidal ideation is 1: 10: 100 [6].

In the context of suicide attempt, action in which death is not achieved, depending on the method used, there will be the need for health care in emergency rooms, and this is where nursing is inserted. Unfortunately, denunciations and negative reports about poor care by doctors and the nursing staff are frequent in the literature [1].

Urgent and emergency care for people who attempted suicide are marked by punishments, prejudiced statements, threats, moral judgment and verbal aggression. It also includes the absurdity of the teachings on the procedures to be performed so that death by suicide is consummated [1].

Thus, attention is drawn to the need to develop and implement a public suicide prevention policy, which, among other aspects, includes education to change the behavior of health professionals in relation to this type of care.

The educational approach in a responsible way has the potential to prevent suicide, facing stigma, raising awareness and stimulating community actions to confront this lived reality [7].

Nursing requires cultural and technical change, with actions that include the formation of bonds, the establishment of a therapeutic contract with the patient and the organization of the team's care routines, however, they occur in a timid manner [8,9].

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